

Outdoors for All 2026 Summer Programming

	Location & Time	Program Dates	Price	Equipment Rental	Transportation (Pick Up/Drop Off)	Registration Opening	Key Facts
Summer Camp	Magnuson Park 9am-3pm	June 22-26 June 29 - July 2 July 5-10 July 13-17 July 20-24 July 27- 31 Aug 3-7	\$590/week	included	Northgate Transit Center (8:30am/3:20pm) Jimi Hendrix Park (8:10am/3:40pm)	March 17, 2026	Summer camp is a Monday - Friday program, between the hours of 9am and 3pm. Lake Sammamish and Magnuson Park locations will have options for Adult Adventure Days (ages 18+) and Youth Camp (ages 7-17). PenMet is a youth only camp (ages 8-16)
	Lake Sammamish 9am-3pm	Aug 10-14 Aug 17-21 Aug 24-28 (must register for each week separately)	\$590/week	included	Eastgate Plaza (8:40am/3:20pm) Renton Village Starbucks (8:15am/3:45pm)	March 17, 2026	Adult Adventure Days participants can register for specific days (with a three-day minimum) through our Flexible Registration. Daily price is \$118. Youth camp registration is by the week.
	PenMet Park 9am-3pm		\$590/week	included	Tacoma Mall JCPenney (8:30am-3:30pm)	March 17, 2026	Campers will take part in outdoor recreation activities such as cycling, swimming, hiking, kayaking, and rock climbing, the core of Outdoors for All's activities. In addition, camps visit area attractions, like zoos, parks, aquariums, and other fun-filled community excursions.
Learn to Ride	Magnuson Park 10:00am-10:50am 11:00am-11:50am 12:00pm-12:50pm	Sept 12, 19, 26	\$100/lesson	included; option to take home between lessons	No	March 17, 2026	This program will teach youth and young adults to ride a 2-wheeled bicycle and provide them with basic knowledge and techniques for safe riding in public spaces. Riders will be partnered 1:1 with trained volunteer instructors and staff. Students must be able to control the bike independently while maintaining safety. Students must wear a helmet while on the bike, follow directions from instructors, and be able to stay on task for the duration of the learning sessions.
Rock Climbing	OUTDOOR Exit 38 off I-90 6pm-9pm	June 24, July 1, 8, 15	\$300.00	included	\$145: Eastgate Plaza (5:15pm/8:45pm)	March 17, 2026	Climbers are paired 1:1 with a volunteer instructor (and other support members if needed) to experience climbing on natural rock at Otelle State Park, off of I-90. The rock wall used at Deception Crags is appropriate for climbers of all ability levels, and will accommodate beginners and advanced climbers. The crag is accessible to people with mobility aids, as Outdoors for All is permitted to shuttle participants using a company vehicle from the parking lot to the climbing wall, through the State Parks access gate.
	OUTDOOR Exit 38 off I-90 5:30pm-7:30pm	Aug 5, 12, 19, 26	\$300.00	included	\$145: Eastgate Plaza (5pm/8:30pm)	March 17, 2026	All climbing and safety equipment is provided. Outdoors for All offers a wide range of adaptive equipment to support individuals of all abilities and a wide range of goals.
Kayaking	Lake Sammamish State Park 6pm-8pm	June 30, July 7, 14, 21	\$300.00	included	No	March 17, 2026	Paddle Lake Washington OR Lake Sammamish! Participants are paired 1:1 with Outdoors for All volunteers in tandem kayaks. Individuals with all experience levels and goals interests are welcome. Goals can range from meeting new people to putting in miles along the shoreline.
	Magnuson Park 6pm-8pm	July 2, 9, 16, 23	\$300.00	included	No	March 17, 2026	Please note that students do not need to know how to swim for this activity, although you should be comfortable getting wet and with the possibility of getting in the water. We have PFDs that are designed to keep one's head out of the water and body upright.
	Lake Sammamish State Park 5:30pm-7:30pm	Aug 4, 11, 18, 25	\$300.00	included	No	March 17, 2026	
	Magnuson Park 5:30pm-7:30pm	Aug 6, 13, 20, 27	\$300.00	included	No	March 17, 2026	
Paddle Boarding	Magnuson Park 9am-11am	July 11, 18, 25	\$225.00	included	No	March 17, 2026	Paddleboarding is a great way to enjoy Washington's lakes in the summer. Participant must be comfortable with and ready to get wet. Individuals with all experience levels are welcome to join. Lessons will be lead in a group setting, with one instructor providing coaching to the group with the assistance of some volunteers. In order to participate, participants must be able to do the following: breath independently, independently maintain sealed airway passages while under water, independently hold head upright without head/neck support, independently turn from face-down to face-up in the water while wearing a properly fitted life jacket.
	Lake Sammamish State Park 9am-11am	Aug 15, 22	\$200.00	included	No	March 17, 2026	
Gravel Biking	i-90: Snoqualmie Valley Trail 9am-12pm	April 12, 19, 26	\$475.00	included	\$110: Eastgate Plaza (8:30am/12:30pm)	February 10, 2026	Explore the Snoqualmie Valley Trail and Palouse to Cascades Trail on wheels with us! This program is geared towards riders ages 18 and up who can independently ride a bike or trike on varied road surfaces including pavement and gravel. Participants must be able to manipulate the brakes and gears and steer a bike independently at a pace of 5-10 miles/hr for a distance of 7-10 miles. Recumbent bikes and handcycles are available if needed, as well as standard two wheeled bikes for those who can already independently ride one. Lessons will be a mix of group riding and 1:1 instruction and will cover basic bike handling skills and trail etiquette, with opportunity to ride progressively longer distances each week.
	i-90: Palouse to Cascade Trail 9am-12pm	May 3, 10, 17	\$475.00	included	\$110: Eastgate Plaza (8:30am/12:30pm)	February 10, 2026	
	i-90: Snoqualmie Valley Trail 9am - 12pm	Sept 13, 20, 27	\$475.00	included	\$110: Eastgate Plaza (8:30am/12:30pm)	March 17, 2026	
Mountain Biking	Beginner Series: Duthie Hill Mountain Bike Park 5pm-7pm	June 8, 15, 22	\$610.00	included	No	March 17, 2026	Our beginner Mountain Biking series is designed for riders that are experienced in biking, but new to mountain biking. We work with Evergreen Mountain Bike Alliance to learn the basics of riding on beginner singletrack trails. We have standard 2-wheeled transition mountain bikes available, as well as the following electric-assist adaptive mountain bikes from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. Essential Eligibility for this program is stricter so please review when registering.
	Beginner Series: Duthie Hill Mountain Bike Park 5pm-7pm	July 13, 20, 27	\$610.00	included	No	March 17, 2026	
	Intermediate Series Various Locations	Aug 26 5pm-7pm Aug 30 10am-2pm	\$610.00	included	No	March 17, 2026	If you have completed our beginner mountain biking series, and/or can demonstrate commensurate experience, join us for some more advanced riding. Along with Evergreen Mountain Bike Alliance, we will host one day of advanced skills coaching at Duthie Hill MTB Park, followed by a day of more challenging riding. We have the same bikes available as in our beginner series. Essential Eligibility for this program is stricter so please review when registering.
	Inclusive Community Ride Demo Days	April, May, September, October	Free	NOT included: Equipment (available to rent - contact staff)	No	Coming soon!	Join OFA and EMBA staff and volunteers and community members for group rides at various locations around the I-90 corridor! If you need to rent an adaptive bike for the ride, please reach out to rentals@outdoorsforall.org. Bike inventory is limited and bikes are rented on a first come, first served basis. This program is intended for individuals who have intermediate skills and/or have taken the beginner series with Outdoors for All within the last 2 years.
Hiking	Various Locations 9am-11am	Sept 12, 19, 26	\$100.00	included	Included Richards Road Office (8:30am/11:30am)	March 17, 2026	Come join Outdoors for All as we hike at various locations along the I-90 corridor in September. This series will focus on being outside and enjoying the sights and sounds of the trail. All chosen trails will be adaptive friendly and GRIT chairs and trekking poles will be available upon request.
Yoga	Virtual - Teams 5pm-5:45pm	June 9, 16, 23, 30, July 7, 14, 21	\$150.00	NA	NA	March 17, 2026	Join our therapeutic yoga group in gentle stretching, strength building, relaxation and fun! Outdoors for All has partnered with Alison Solam to lead yoga in a season long series via an online class for adults with intellectual disabilities. Yoga is offered year-round.
Equipment Rentals	On-Site Cycle Rentals Magnuson Park 10am-6pm	May 1-Oct 18	Free	Helmet, Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around Magnuson Park or ride on the Burke Gilman Trail between the hours of 10am-6pm, 7-days per week.
	On-Site Cycle Rentals Lake Sammamish State Park 10am-6pm	May 1 -Sept 30	Free	Helmet, Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around Lake Sammamish or ride on the East Lake Sammamish Trail between the hours of 10am-6pm, 7-days per week.
	On-Site Cycle Rentals PenMet Park Gig Harbor 10am-6pm	June 1- Sept 30	Free	Helmet, Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around PenMet or ride on the Cushman Trail between the hours of 10am-6pm, 7-days per week.
	Off-Site Cycle Rentals (MTB not included)	by appointment only	Single: \$40/day \$200/Week (+tax) Tandem: \$50/Day \$250/week (+tax)	Helmet, Requested adaptations	n/a	by appointment only	For cycle rentals outside of Magnuson Park, Outdoors for All asks that renters have an appropriate means to transport the bikes. Riders must be able to demonstrate safe operation of the cycles to be eligible for an off-site rental. Email Rentals@outdoorsforall.org for more information.
	Adaptive Mountain Bike	by appointment only	\$50/day \$250/week (+tax)	Helmet, Requested adaptations	n/a	by appointment only	Adaptive mountain bikes are only rented to returning participants or those who can verify their riding ability. Outdoors for all owns and maintains three adaptive mountain bikes with electric assist from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. These bikes require a higher degree of athleticism and coordination to power and safely ride. Email Rentals@outdoorsforall.org for more information.
	Beach Wheelchair Trail Rider Off-Road Wheelchair	by appointment only	\$40/day \$200/week (+tax)	Helmet, Requested adaptations	n/a	by appointment only	Additional adaptive equipment is available to rent when not in use in other Outdoors for All programming. Email Rentals@outdoorsforall.org for more information.
	Car Hitch Rack for Tricycle	by appointment only	\$10/day \$50/week (+tax)	none	n/a	by appointment only	For transport of recumbent bikes or handcycles with a personal vehicle. Vehicle must have hitch with 1.25 or 2" receiver. Works with most adult sized trikes.

*Subject to change without notice. See registration page for most up to date information.

[Financial Aid](#)

[Registration Information](#)