

Outdoors for All 2026 Winter Programs

Downhill	Summit West Summit at Snoqualmie	Program Dates	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Season Pass	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Wednesday Night (6-8 pm)	Jan. 7, 14, 21, 28 Feb.4, 11, 18	\$490.00	n/a	\$187.43	\$353.50	n/a		October 21, 2025	Learn to stand ski or snowboard.
	Wednesday Night- Race Program (6-8 pm)	Jan. 7, 14, 21, 28 Feb.4, 11, 18	\$490.00	n/a	\$187.43	\$353.50	n/a		October 21, 2025	This training program is for athletes interested in downhill ski or snowboard racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
	Friday Night-Full Day (4-9 pm)	Jan. 2, 9, 16, 23, 30 Feb. 6, 13	\$640.00	\$640.00	\$187.43	\$353.50	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Friday Night-Half Day (4-6pm or 7-9pm)	Jan. 2, 9, 16, 23, 30 Feb. 6, 13	\$490.00	\$490.00	\$187.43	\$353.50	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Saturday-Full Day Rec (9am-2pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$640.00	n/a	\$187.43	\$353.50	\$425.00	Northgate Transit Center (7:10am/4pm) Eastgate Plaza/Safeway (7:40am/3:30pm)	October 21, 2025	This program is mostly geared towards individuals with intellectual and developmental disabilities interested in stand skiing and snowboarding.
	Saturday-Full Day- Race Program (9am-2pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$640.00	n/a	n/a	\$353.50	\$425.00	Northgate Transit Center (7:10am/4pm) Eastgate Plaza/Safeway (7:40am/3:30pm)	October 21, 2025	This training program is for athletes interested in downhill ski or snowboard racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
	Saturday-Half Day (9am-11am or 12-2pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$490.00	n/a	\$187.43	\$353.50	n/a		October 21, 2025	Opportunities for stand ski & snowboard.
	Sunday-Full Day (9am-2pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$640.00	\$640.00	\$187.43	\$353.50	\$425.00	Eastgate Plaza/Safeway (7:45am/3:15pm)	October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Half Day (9am-11am or 12-2pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$490.00	\$490.00	\$187.43	\$353.50	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Stevens Pass	Program Dates	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Lift Tickets	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Saturday-Full Day (9am- 2pm)	Jan. 3, 10, 24, 31 Feb. 7, 21, 28	\$670.00	\$670.00	\$187.43	\$0.00	\$450.00	Northgate Transit Center (6:45am/4:15pm) Monroe Fred Meyer (7:30am/3:30pm)	October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Saturday-Half Day (9am-11am or 12-2pm)	Jan. 3, 10, 24, 31 Feb. 7, 21, 28	\$515.00	\$515.00	\$187.43	\$0.00	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Full Day (9am-2pm)	Jan. 4, 11, 25 Feb. 1, 8, 22 Mar. 1	\$670.00	\$670.00	\$187.43	\$0.00	\$450.00	Northgate Transit Center (6:45am/4:15pm) Monroe Fred Meyer (7:30am/3:30pm)	October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Half Day (9am-11am or 12-2pm)	Jan. 4, 11, 25 Feb. 1, 8, 22 Mar. 1	\$515.00	\$515.00	\$187.43	\$0.00	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit ski.
Cross Country & Snowshoe	Summit East Summit at Snoqualmie	Program Dates	Stand (XC & Snowshoe)	Sit (Nordic Sit Ski)	Equipment Rental	Season Pass	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Saturday Nordic (9am-1:30pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$530.00	\$530.00	\$121.28	\$183.87	\$425.00	Northgate Transit Center (7:15am/3:20pm)	October 21, 2025	Opportunities for cross country skiing & snowshoeing, and sit cross country skiing.
	Saturday Race Program (9am-1:30pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$530.00	n/a	\$121.28	\$183.87	\$425.00	Eastgate Plaza/Safeway (7:50am/3pm)	October 21, 2025	This training program is for athletes interested in cross country racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
Private Lessons	Summit or Stevens	First Come First Served	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Lift Tickets	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Summit: Wednesdays, Thursdays, Fridays, Saturdays, or Sundays Stevens: By request only	Register online!	\$350.00 fixed cost	\$350.00 fixed cost	included	included	n/a		October 21, 2025	Opportunities for stand ski, snowboard, & sit private lessons delivered in alignment with our other 7-week series programs at the Summit at Snoqualmie or Stevens Pass. Lessons are delivered when vacancies in our 7-week series open. This is a fixed costs; we do not pro rate fees for private lessons given the high rate of staff time needed to coordinate lessons.
Additional Programs	Program	Program Dates	Location	Price	Equipment Rental	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts	
	Learn to Ride	September 6, 13, 20, 27	Magnuson Park	\$100/session	included	n/a		open now	This program will teach youth and young adults to ride a 2-wheeled bicycle and provide them with basic knowledge and techniques for safe riding in public spaces. Riders will be partnered 1:1 with trained volunteer instructors and staff. Students must be able to control the bike independently while maintaining safety. Students must wear a helmet while on the bike, follow directions from instructors, and be able to stay on task for the duration of the learning sessions	
	Hiking	October 11 and 25	Lake Sammamish State Park	\$50.00	included	included	Bellevue office (9am/1pm) Eastgate Plaza/Safeway (9:15am/12:45pm)	open now	Come join Outdoors for All as we visit three different accessible trails along the I-90 corridor in October. This series will focus on longer hikes, providing more of a challenge than the September series and will provide an opportunity to explore new areas.	
	Indoor Rock Climbing	November 2, 9, 16, 23 1pm-3pm	Edgeworks Bellevue	\$275.00	included	n/a		September 15, 2025	The program is for beginner to more advanced climbers. Volunteer instructors will guide the athlete up different climbing routes and tailor their coaching to the athletes' goals. All necessary climbing equipment, including harnesses and climbing shoes, will be provided. Outdoors for All has a variety of harnesses, as well as assistive devices and systems to help each athlete achieve success.	
	Virtual Yoga	Tuesdays October 14 - December 9	Zoom	\$150.00	N/A	n/a		open now	Join our therapeutic yoga group in gentle stretching, strength building, relaxation and fun! Outdoors for All has partnered with Allison Solam to lead yoga in a season long series via an online class for adults with intellectual disabilities. Yoga is offered year-round.	
	Indoor Spin Class	November 5, 12, 19 + December 3, 10	Magnuson Park	\$25/class	included	n/a		September 15, 2025	The class will take place at the Magnuson Park office Wednesday evenings in November and December. Our staff will work with you to find a bike that suits your needs and have it set up on a trainer, for your use each week. Whether you're a seasoned cyclist or new to fitness, our Indoor Adaptive Spin class fosters a welcoming atmosphere where you can build strength, endurance, and confidence. Come join us and connect with others through our first ever indoor spin experience!	
	Adaptive Bike Rentals	October 1 2025-April 30 2026 Monday-Friday By Appointment Only	Magnuson Park Lake Sammamish State Park	Single Seat Bike \$40/day, \$200/week Tandem Bike \$50/Day, \$250/week	N/A	Not available	Renters are responsible for the safe pick-up, drop-off and transportation of the adaptive bike(s)	October 1, 2025	Our adaptive bikes are available for rentals year-round. Between October 1 and April 30th, rentals are available by appointment only with at least 48 hours advance notice. Bikes must be picked-up and dropped-off at our Magnuson Park location during regular business hours Monday through Friday. Please contact rentals@outdoorsforall.org.	

*For individuals registered in the 7-week series for winter programs, we recommend saving an 8th week in your calendar in case of weather delays.

**These dates and offerings are subject to change, check back for the most up to date information.

*Registrations are not guaranteed until you have received a confirmation email.

Updated: August 27, 2025