

Outdoors for All 2026 Spring Programming

	Location & Time	Program Dates	Price	Equipment Rental	Transportation (Pick Up/Drop Off)	Registration Opening in ActiveNet	Key Facts
Spring Camp	Youth Day Camp Magnuson Park 9am-3pm	April 13-17	\$590/week	NA	Eastgate Plaza (8:40am/3:20pm)	February 10, 2026	Join us for our Spring Camp! This camp is a great way to get involved and work on your social skills. Activities may include indoor swimming, rock climbing, ice skating, and more.
	Adult Adventure Days Magnuson Park 9am-3pm	April 13-17	\$590/week	NA	Eastgate Plaza (8:40am/3:20pm)	February 10, 2026	
Spin Class	Magnsuon Park 6pm-7pm	March 9, 16, 23, 30 April 6, 13, 20	\$25/session	none	No	February 10, 2026	Sign up for one day or several days, on your own or with a friend. The class will take place at the Magnuson Park office on Mondays evenings in March and April in preparation for the cycling season ahead. We will have standard bikes, recumbent trikes, handcycles, and tandems available for anyone to participate at their level. Whether you're a seasoned cyclist or just starting a fitness journey, our spin class offers a welcoming atmosphere where you can build strength, endurance, and confidence. Come join us and connect with others through our indoor spin class!
Yoga	Virtual on Zoom 5-5:45pm	April 7, 14, 21, 28 May 5, 12, 19	\$150.00	none	No	February 10, 2026	Join our therapuetic yoga group in gentle stretching, relaxation, and fun! Outdoors for All has partnered with Alison Solam to lead yoga in a season long series via an online class for adults with intellectual disabilities.
Learn to Ride	Richards Road- Bellevue 10:00am-10:50am 11:00am-11:50am 12:00pm-12:50pm	April 4, 11, 18, 25	\$100/lesson	included; option to take home between lessons	No	February 10, 2026	This program will teach youth and young adults to ride a 2-wheeled bicycle and provide them with basic knowledge and techniques for safe riding in public spaces. Riders will be partnered 1:1 with trained volunteer instructors and staff. Students must be able to control the bike independently while maintaining safety. Students must wear a helmet while on the bike, follow directions from instructors, and be able to stay on task for the duration of the learning sessions
Rock Climbing	INDOOR Edgeworks Climbing Gym Bellevue 1-3pm	March 8, 15, 22, 29	\$275.00	included	No	February 10, 2026	Join us for our indoor rock climbing series at Edgeworks in Bellevue. The program is for beginner to more advanced climbers. Volunteer instructors will guide the athlete up different climbing routes and tailor their coaching to the athletes goals. All necessary climbing equipment, including harnesses and climbing shoes, will be provided. Outdoors for All has a variety of harnesses, as well as assistive devices and systems to help each athlete achieve success.
Gravel Biking	Palouse to Cascade Trail 9-12pm	April 12, 19, 26	\$475.00	included	\$110 Eastgate Plaza (8:20am/12:40pm)	February 10, 2026	Explore the Snoqualmie Valley Trail and Palouse to Cascades Trail on wheels with us! This program is geared towards riders ages 18 and up who can independently ride a bike or trike on varied road surfaces including pavement and gravel. Participants must be able to manipulate the brakes and gears and steer a bike independently at a pace of 5-10 miles/hr for a distance of 7-10 miles. Recumbent trikes and handcycles are available if needed, as well as standard two wheeled bikes for those who can already independently ride one. Lessons will be a mix of group riding and 1:1 instruction and will cover basic bike handling skills and trail etiquette, with opportunity to ride progressively longer distances each week.
	Palouse to Cascade Trail 9-12pm	May 3, 10, 17	\$475.00	included	\$110 Eastgate Plaza (8:20am/12:40pm)	February 10, 2026	
Equipment Rentals	On-Site Cycle Rentals Magnuson Park 10am-6pm	May 1 - Oct 18	Free	Helmet Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around Magnuson Park or ride the Burke Gilman Trail between the hours of 10am-6pm, 7-days per week.
	On-Site Cycle Rentals Lake Sammamish State Park 10am-6pm	May 1 - Sept 30	Free	Helmet Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around Lake Sammamish or ride on the East Lake Sammamish Trail between the hours of 10am-6pm, 7-days per week.
	Off-Site Cycle Rentals (MTB not included)	by appointment only	<u>Single</u> - \$40/day; \$200/Week (+tax) <u>Tandem</u> - \$50/Day; \$250/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	For cycle rentals outside of Magnuson Park, Outdoors for All asks that renters have an appropriate means to transport the bikes. Riders must be able to demonstrate safe operation of the cycles to be eligible for an off-site rental. Email Rentals@outdoorsforall.org for more information.
	Adaptive Mountain Bike	by appointment only	\$50/day \$250/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	Adaptive mountain bikes are only rented to returning participants or those who can verify their riding ability. Outdoors for all owns and maintains three adaptive mountain bikes with electric assist from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. These bikes require a higher degree of athleticism and coordination to power and safely ride. Email Rentals@outdoorsforall.org for more information.
	Beach Wheelchair Trail Rider Off-Road Wheelchair	by appointment only	\$40/day \$200/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	Additional adaptive equipment is available to rent when not in use in other Outdoors for All programming. Email Rentals@outdoorsforall.org for more information.
	Car Hitch Rack for Tricycle	by appointment only	\$10/day \$50/week (+tax)	none	n/a	by appointment only	For transport of recumbent trikes or handcycles with a personal vehicle. Vehicle must have hitch with 1.25 or 2" receiver. Works with <i>most</i> adult sized trikes.

*Subject to change without notice. See registration page for most up to date information.

[Registration Page](#)

[Financial Aid Application](#)