

Outdoors for All 2025 Summer Programming

	Location & Time	Program Dates	Price	Equipment Rental	Transportation (Pick Up/Drop Off)	Registration Opening in ActiveNet	Key Facts
Spring Camp	Youth Day Camp Magnuson Park 9am-3pm	April 14, 15, 16, 17, 18	\$590/week	NA	Eastgate Plaza (8:40am/3:20pm)	February 3, 2025	Join us for our Spring Camp! This camp is a great way to get involved and work on your social skills. Activities may include indoor swimming, rock climbing, ice skating, and more.
	Adult Adventure Days Magnuson Park 9am-3pm	April 28, 29, 30, May 1, 2	\$590/week	NA	Eastgate Plaza (8:40am/3:20pm)	February 3, 2025	
Spin Class	Magnuson Park 6pm-7pm	March 4, 11, 18, 25, April 1, 22	\$25/session	none	No	February 3, 2025	Sign up for one day or several days, on your own or with a friend. The class will take place at the Magnuson Park office on Tuesday evenings in March and April in preparation for the cycling season ahead. We will have standard bikes, recumbent trikes, handcycles, and tandems available for anyone to participate at their level. Whether you're a seasoned cyclist or just starting a fitness journey, our spin class offers a welcoming atmosphere where you can build strength, endurance, and confidence. Come join us and connect with others through our indoor spin class!
Summer Camp	Magnuson Park 9am-3pm	June 23-27 June 30 - July 3 July 7-11 July 14-18 July 21-25 July 28-August 1	\$590/week	included	Northgate Transit Center (8:30am/3:20pm) Jimi Hendrix Park (8:10am/3:40pm)	March 18, 2025	Summer camp is a Monday - Friday program, between the hours of 9am and 3pm. Each camp location will have options for Adult Adventure Days (ages 18+) and Youth Camp (ages 7-17). Adult Adventure Days participants can register for specific days (with a three-day minimum) through our Flexible Registration. Daily price is \$118. Youth camp registration is by the week. Campers will take part in outdoor recreation activities such as cycling, swimming, hiking, kayaking, and rock climbing, the core of Outdoors for All's activities. In addition, camps visit area attractions, like zoos, parks, aquariums, and other fun-filled community excursions.
	Lake Sammamish 9am-3pm	Aug 4-8 Aug 11-15 Aug 18-22 Aug 25-29 (must register for each week separately)	\$590/week	included	Eastgate Plaza (8:40am/3:20pm) Highland Center (8:30am/3:30pm)	March 18, 2025	
Learn to Ride	Richard Road- Bellevue 10:00am-10:50am 11:00am-11:50am 12:00pm-12:50pm	April 5, 12, 19, 26	\$100/lesson	included; option to take home between lessons	No	February 3, 2025	This program will teach youth and young adults to ride a 2-wheeled bicycle and provide them with basic knowledge and techniques for safe riding in public spaces. Riders will be partnered 1:1 with trained volunteer instructors and staff. Students must be able to control the bike independently while maintaining safety. Students must wear a helmet while on the bike, follow directions from instructors, and be able to stay on task for the duration of the learning sessions
	Magnuson Park 10:00am-10:50am 11:00am-11:50am 12:00pm-12:50pm	Sept 6, 13, 20, 27	\$100/lesson	included; option to take home between lessons	No	March 18, 2025	
Rock Climbing	INDOOR Edgeworks Climbing Gym Bellevue 1-3pm	March 9, 16, 23, 30	\$225.00	included	No	February 3, 2025	Join us for our indoor rock climbing series at Edgeworks in Bellevue. The program is for beginner to more advanced climbers. Volunteer instructors will guide the athlete up different climbing routes and tailor their coaching to the athletes goals. All necessary climbing equipment, including harnesses and climbing shoes, will be provided. Outdoors for All has a variety of harnesses, as well as assistive devices and systems to help each athlete achieve success.
	OUTDOOR Exit 38 off I-90 6-8pm	June 25, July 2, 9, 16	\$300.00	included	\$145 Eastgate Plaza (5:15pm/8:45pm)	March 18, 2025	Climbers are paired 1:1 with a volunteer instructor (and other support members if needed) to experience climbing on natural rock at Olallie State Park, off of I-90. The rock wall used at Deception Crags is appropriate for climbers of all ability levels, and will accommodate beginners and advanced climbers. The crag is accessible to people with mobility aids, as Outdoors for All is permitted to shuttle participants using a company vehicle from the parking lot to the climbing wall, through the State Parks access gate.
	OUTDOOR Exit 38 off I-90 5:30 - 7:30pm	Aug 6, 13, 20, 27	\$300.00	included	\$145 Eastgate Plaza (5pm/8:30pm)	March 18, 2025	All climbing and safety equipment is provided. Outdoors for All offers a wide range of adaptive equipment to support individuals of all abilities and a wide range of goals.
Kayaking	Magnuson Park 6-8pm	July 3, 10, 17, 24	\$300.00	included	No	March 18, 2025	Paddle Lake Washington OR Lake Sammamish! Participants are paired 1:1 with Outdoors for All volunteers in tandem kayaks. Individuals with all experience levels and goals interests are welcome. Goals can range from meeting new people to putting in miles along the shoreline. Please note that students do not need to know how to swim for this activity, although you should be comfortable getting wet and with the possibility of getting in the water. We have PFDs that are designed to keep one's head out of the water and body upright.
	Lake Sammamish State Park 6-8pm	July 8, 15, 22, 29	\$300.00	included	No	March 18, 2025	
	Magnuson Park 5:30-7:30pm	Aug 7, 14, 21, 28	\$300.00	included	No	March 18, 2025	
Paddle Boarding	Magnuson Park 9-11am	July 12, 19, 26, Aug 2	\$225.00	included	No	March 18, 2025	Come experience Outdoors for All's newest sport. Paddleboarding is a great way to enjoy Lake Sammamish in the summer. Participant must be comfortable with and ready to get wet. Individuals with all experience levels are welcome to join. Lessons will be lead in an group setting, with one instructor providing coaching to the group with the assistance of some volunteers. In order to participate, participants must be able to do the following: breath independently, independently maintain sealed airway passages while under water, independently hold head upright without head/neck support, independently turn from face-down to face-up in the water while wearing a properly fitted life jacket. If paddleboarding isn't for you, kayaks will be available for use as well.
	Lake Sammamish State Park 6-8pm	August 5, 12, 19, 26	\$225.00	included	No	March 18, 2025	
Gravel Biking	Palouse to Cascade Trail 1-4pm	April 6, 13, 20	\$475.00	included	\$110 Eastgate Plaza (12:30pm/4:30pm)	February 3, 2025	Explore the Snoqualmie Valley Trail and Palouse to Cascades Trail on wheels with us! This program is geared towards riders ages 18 and up who can independently ride a bike or trike on varied road surfaces including pavement and gravel. Participants must be able to manipulate the brakes and gears and steer a bike independently at a pace of 5-10 miles/hr for a distance of 7-10 miles. Recumbent trikes and handcycles are available if needed, as well as standard two wheeled bikes for those who can already independently ride one. Lessons will be a mix of group riding and 1:1 instruction and will cover basic bike handling skills and trail etiquette, with opportunity to ride progressively longer distances each week.
	Palouse to Cascade Trail 1-4pm	May 4, 11, 18	\$475.00	included	\$110 Eastgate Plaza (12:30pm/4:30pm)	February 3, 2025	
	Palouse to Cascade Trail 9am - 12pm	Sept 7, 14, 21	\$475.00	included	\$110 Eastgate Plaza (8:30am/12:30pm)	March 18, 2025	
Mountain Biking	Beginner Series at Duthie Hill Mountain Bike Park	June 16, 23, 30	\$610.00	included	No	March 18, 2025	Our beginner Mountain Biking series is designed for riders that are experienced in biking, but new to mountain biking. We work with Evergreen Mountain Bike Alliance to learn the basics of riding on beginner singletrack trails. We have standard 2-wheeled transition mountain bikes available, as well as the following electric-assist adaptive mountain bikes from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. Essential Eligibility for this program is stricter so please review when registering.
	Intermediate Series at Duthie Hill + Stevens Pass	July 16 + 26	\$610.00	included	No	March 18, 2025	If you have completed our beginner mountain biking series, and/or can demonstrate commensurate experience, join us for some more advanced riding. Along with Evergreen MTB, we will host one day of advanced skills coaching at Duthie Hill MTB Park, followed by a day of lift-service downhill riding at Stevens Pass. We have the same bikes available as in our beginner series. Essential Eligibility for this program is stricter so please review when registering.
	Beginner Series at Duthie Hill Mountain Bike Park	Aug 11, 18, 25	\$610.00	included	No	March 18, 2025	Our beginner Mountain Biking series is designed for riders that are experienced in biking, but new to mountain biking. We work with Evergreen Mountain Bike Alliance to learn the basics of riding on beginner singletrack trails. We have standard 2-wheeled transition mountain bikes available, as well as the following electric-assist adaptive mountain bikes from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. Essential Eligibility for this program is stricter so please review when registering.
	Intermediate Series at Duthie Hill + Stevens Pass	Sept 10 + 20	\$610.00	included	No	March 18, 2025	If you have completed our beginner mountain biking series, and/or can demonstrate commensurate experience, join us for some more advanced riding. Along with Evergreen MTB, we will host one day of advanced skills coaching at Duthie Hill MTB Park, followed by a day of lift-service downhill riding at Stevens Pass. We have the same bikes available as in our beginner series. Essential Eligibility for this program is stricter so please review when registering.
Equipment Rentals	On-Site Cycle Rentals Magnuson Park 10am-6pm	May 1-Sept 30	Free	Helmet Requested adaptations	n/a	n/a	
	On-Site Cycle Rentals Lake Sammamish State Park 10am-6pm	May 1 -Sept 30	Free	Helmet Requested adaptations	n/a	n/a	This is a drop-in style program in which advanced registration is not necessary. Riders can explore the trails around Lake Sammamish or ride on the East Lake Sammamish Trail between the hours of 10am-6pm, 7-days per week.
	Off-Site Cycle Rentals (MTB not included)	by appointment only	Single - \$40/day; \$200/Week (+tax) Tandem - \$50/Day; \$250/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	For cycle rentals outside of Magnuson Park, Outdoors for All asks that renters have an appropriate means to transport the bikes. Riders must be able to demonstrate safe operation of the cycles to be eligible for an off-site rental. Email Rentals@outdoorsforall.org for more information.
	Adaptive Mountain Bike	by appointment only	\$50/day \$250/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	Adaptive mountain bikes are only rented to returning participants or those who can verify their riding ability. Outdoors for all owns and maintains three adaptive mountain bikes with electric assist from Reactive Adaptations: Nuke Upright Handcycle, Bomber Prone Handcycle, Stinger Recumbent Trike. These bikes require a higher degree of athleticism and coordination to power and safely ride. Email Rentals@outdoorsforall.org for more information.
	Beach Wheelchair Trail Rider Off-Road Wheelchair	by appointment only	\$40/day \$200/week (+tax)	Helmet Requested adaptations	n/a	by appointment only	Additional adaptive equipment is available to rent when not in use in other Outdoors for All programming. Email Rentals@outdoorsforall.org for more information.
	Car Hitch Rack for Tricycle	by appointment only	\$10/day \$50/week (+tax)	none	n/a	by appointment only	For transport of recumbent trikes or handcycles with a personal vehicle. Vehicle must have hitch with 1.25 or 2" receiver. Works with most adult sized trikes.