

Outdoors for All 2025 Winter Programs

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Downhill	Summit West Summit at Snoqualmie	Program Dates	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Season Pass	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Wednesday Night (6-8 pm)	Jan. 8, 15, 22, 28 Feb. 5, 12, 19	\$490.00	n/a	\$187.43	\$412.35	n/a		October 22, 2024	Learn to stand ski or snowboard.
	Wednesday Night- Race Program (6-8 pm)	Jan. 8, 15, 22, 28 Feb. 5, 12, 19	\$490.00	n/a	\$187.43	\$412.35	n/a		October 22, 2024	This training program is for athletes interested in downhill ski or snowboard racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
	Friday Night-Full Day (4-9 pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$640.00	\$640.00	\$187.43	\$412.35	n/a		October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Friday Night-Half Day (4-6pm or 7-9pm)	Jan. 3, 10, 17, 24, 31 Feb. 7, 14	\$490.00	\$490.00	\$187.43	\$412.35	n/a		October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Saturday-Full Day Rec (9am-2pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$640.00	n/a	\$187.43	\$412.35	\$425.00	Northgate Transit Center (7:10am/4pm) Eastgate Plaza/Safeway (7:40am/3:30pm)	October 22, 2024	This program is mostly geared towards individuals with intellectual and developmental disabilities interested in stand skiing and snowboarding.
	Saturday-Full Day- Race Program (9am-2pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$640.00	n/a	n/a	\$412.35	\$425.00	Northgate Transit Center (7:10am/4pm) Eastgate Plaza/Safeway (7:40am/3:30pm)	October 22, 2024	This training program is for athletes interested in downhill ski or snowboard racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
	Saturday-Half Day (9am-11am or 12-2pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$490.00	n/a	\$187.43	\$412.35	n/a		October 22, 2024	Opportunities for stand ski & snowboard.
	Sunday-Full Day (9am-2pm)	Jan. 5, 12, 19, 26 Feb. 2, 9, 16	\$640.00	\$640.00	\$187.43	\$412.35	\$425.00	Eastgate Plaza/Safeway (7:45am/3:15pm)	October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Half Day (9am-11am or 12-2pm)	Jan. 5, 12, 19, 26 Feb. 2, 9, 16	\$490.00	\$490.00	\$187.43	\$412.35	n/a		October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
Stevens Pass	Program Dates	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Lift Tickets	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts	
	Saturday-Full Day (9am-2pm)	Jan. 4, 11, 25 Feb. 2, 9, 23 Mar. 2	\$670.00	\$670.00	\$187.43	\$0.00	\$450.00	Northgate Transit Center (6:45am/4:15pm) Monroe Fred Meyer (7:30am/3:30pm)	October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Saturday-Half Day (9am-11am or 12-2pm)	Jan. 4, 11, 25 Feb. 2, 9, 23 Mar. 2	\$515.00	\$515.00	\$187.43	\$0.00	n/a		October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Full Day (9am-2pm)	Jan. 5, 12, 26 Feb. 3, 10, 24 Mar. 3	\$670.00	\$670.00	\$187.43	\$0.00	\$450.00	Northgate Transit Center (6:45am/4:15pm) Monroe Fred Meyer (7:30am/3:30pm)	October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
	Sunday-Half Day (9am-11am or 12-2pm)	Jan. 5, 12, 26 Feb. 3, 10, 24 Mar. 3	\$515.00	\$515.00	\$187.43	\$0.00	n/a		October 22, 2024	Opportunities for stand ski, snowboard, & sit ski.
Cross Country & Snowshoe	Summit East Summit at Snoqualmie	Program Dates	Stand (XC & Snowshoe)	Sit (Nordic Sit Ski)	Equipment Rental	Season Pass	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Saturday Nordic (9am-1:30pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$530.00	\$530.00	\$121.28	\$172.99	\$425.00	Northgate Transit Center (7:15am/3:20pm)	October 22, 2024	Opportunities for cross country skiing & snowshoeing, and sit cross country skiing.
	Saturday Race Program (9am-1:30pm)	Jan. 4, 11, 18, 25 Feb. 1, 8, 15	\$530.00	n/a	\$121.28	\$172.99	\$425.00	Eastgate Plaza/Safeway (7:50am/3pm)	October 22, 2024	This training program is for athletes interested in cross country racing. Athletes work with a coach or in small groups for weekly training. There are competition opportunities managed by the Skihawks (separate registration required).
Private Lessons	Summit or Stevens	First Come First Served	Stand (Ski & Snowboard)	Sit Ski (Mono, Bi, Dual)	Equipment Rental	Lift Tickets	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts
	Summit: Wednesdays, Fridays, Saturdays, or Sundays Stevens: Saturdays or Sundays	Scheduled in alignment with our 7-week series dates	\$320.00 fixed cost	\$320.00 fixed cost	included	included	n/a		Waitlist only - OFA staff will contact	Opportunities for stand ski, snowboard, & sit private lessons delivered in alignment with our other 7-week series programs at the Summit at Snoqualmie or Stevens Pass. Lessons are delivered when vacancies in our 7-week series open. This is a fixed cost; we do not pro rate fees for private lessons given the high rate of staff time needed to coordinate lessons.
Additional Programs	Program	Program Dates	Location	Price	Equipment Rental	Transportation	Transportation Pick Up/Drop Off	Registration Opening	Key Facts	
	NEW! Hiking	October 12, 19, 26	Various	\$150.00	included	included	Bellevue office (9am/1pm) Eastgate Plaza/Safeway (9:15am/12:45pm)	open now	Come join Outdoors for All as we visit three different accessible trails along the I-90 corridor in October. This series will focus on longer hikes, providing more of a challenge than the September series and will provide an opportunity to explore new areas.	
	Gravel Biking	October 13 + 20	Palouse Cascade Trail	\$250.00	included	n/a		open now	Participants must be able to manipulate the brakes and gears, and steer a bike independently at a pace of 5-10 mph, for a distance of 7-10 miles. Adaptive three wheeled trikes, handcycles, and standard two wheeled bikes are available. Lessons will be led in a group setting, with one instructor providing coaching to all the members of the group.	
	Indoor Rock Climbing	November 3, 10, 17, 24 1pm-3pm	Edgeworks Bellevue	\$275.00	included	n/a		open now	The program is for beginner to more advanced climbers. Volunteer instructors will guide the athlete up different climbing routes and tailor their coaching to the athletes' goals. All necessary climbing equipment, including harnesses and climbing shoes, will be provided. Outdoors for All has a variety of harnesses, as well as assistive devices and systems to help each athlete achieve success.	
	NEW! Indoor Spin Class	November 6, 13, 20 + December 4, 11, 18	Magnuson Park	\$300.00	included	n/a		October 4, 2024	The class will take place at the Magnuson Park office Wednesday evenings in November and December. Our staff will work with you to find a bike that suits your needs and have it set up on a trainer, for your use each week. Whether you're a seasoned cyclist or new to fitness, our Indoor Adaptive Spin class fosters a welcoming atmosphere where you can build strength, endurance, and confidence. Come join us and connect with others through our first ever indoor spin experience!	
Adaptive Bike Rentals	October 1 2024-April 30 2025 Monday-Friday By Appointment Only	Magnuson Park Lake Sammamish State Park	Single Seat Bike \$40/day, \$200/week Tandem Bike \$50/Day, \$250/week	N/A	Not available	Not available	Renters are responsible for the safe pick-up, drop-off and transportation of the adaptive bike(s)	October 1, 2024	Our adaptive bikes are available for rentals year-round. Between October 1 and April 30th, rentals are available by appointment only with at least 48 hours advance notice. Bikes must be picked-up and dropped-off at our Magnuson Park location during regular business hours Monday through Friday. Please contact rentals@outdoorsforall.org.	

*For individuals registered in the 7-week series for winter programs, we recommend saving an 8th week in your calendar in case of weather delays.

*These dates and offerings are subject to change, check back for the most up to date information.

*Registrations are not guaranteed until you have received a confirmation email.

Updated: September 23, 2024