

## Group Programs – Request Guide October 2023 – September 2024

**Group Programs** serve partner organizations who wish to provide opportunities for their members to engage in outdoor activities. Outdoors for All tailors each activity experience to match the goals, needs, and experience of each group's participants. Our staff and volunteers can provide group coaching, adaptive equipment, and transportation to help your group have a successful experience. This guide offers descriptions of Outdoors for All's program options through our fiscal year (October 2023-September 2024).

Activity	Base Fee	Description
Adaptive Cycling Demo	\$2,500	Outdoors for All provides a trailer of cycles customized to fit your group's needs. Choose from handcycles, tandems, recumbent tricycles, as well as a variety of other adaptive cycles. These events typically take place in open parking lots, tracks, looped trails, or public parks. Helmets and flags provided.
Mountain Biking	\$2,750	We offer standard and adaptive biking for adults interested in trying a more challenging form of cycling and don't mind some dirt. Participants must be independent in their ability to steer and brake.
Gravel Biking	\$2,600	Gravel biking is one of the fastest growing forms of cycling in the U.S. and Outdoors for All is excited to offer this trend. We meet your group at a gravel trailhead, preferably in the North Bend area (or near a similar rails-to-trails route), and ride 5-10 miles. All participants must be independent in their ability to steer and brake.
Kayaking	\$2,500	Explore Lake Sammamish or Lake Washington by kayak. Most of our kayaks are two-seater (tandem) kayaks, so anyone can participate. Using tandem kayaks allows each participant to have a support person help steer, guide, and paddle.
Paddle Boarding	\$2,500	Outdoors for All's newest offering is paddle boarding. We have a fleet of 8 stand up paddle boards and 2 wheelchair- friendly paddle boards. Our boards are best for use in calm water. Participants on stand-up boards must be able to independently paddle.
Rock Climbing	\$2,500	Rock climbing is available at indoor gyms or outdoors at a popular climbing wall managed by the U.S. Forest Service. Rock climbing is a fantastic challenge with which to empower your athletes! Additional fees apply for access to gyms and permits to USFS managed lands.

Hiking	\$2,000	Explore one of the many trails in the PNW. Trail selection will depend on event/activity duration and your group's abilities and interests. Wheelchair accessible hikes are available!
Weekend Excursion	Inquire	Turn any of these activities into a multi-day trip. Spend 2 days and 1 night camping in an area of your group's choosing. Activity options range from kayaking, hiking, climbing, and more. The possibilities are endless!
Downhill Skiing Snowboarding	\$3,500	This program is available at The Summit at Snoqualmie (Summit West) or Stevens Pass, depending on space availability. Adaptive ski and snowboard equipment is included. All lessons are taught by trained Instructors.
XC Skiing	\$2,500	Nordic skiing is available at The Summit at Snoqualmie or various Sno-Parks. Adaptive ski equipment is included. All lessons are taught by trained Volunteer Instructors.
Snowshoeing	\$2,250	Explore the Summit at Snoqualmie or a nearby SnoPark. All trips are guided by an experienced staff person.
Transportation	\$500	Transportation and travel costs are currently charged as a per vehicle flat fee. We have a variety of ADA vehicles for transporting passengers within a 75-mile radius of the greater Seattle Metro area.
		For events outside our 75-mile radius, please inquire about the potential for additional travel costs. We consider each event case-by-case.

## Event Day - What to Expect

Partners can think of Outdoors for All as a "vendor" for adaptive recreation. When a partner engages Outdoors for All to deliver an outdoor experience, Outdoors for All manages all logistics required for us to deliver the event. That is, we manage the required permits, licenses, passes, and insurance required for our staff to deliver the recreation experience. Our delivery package does not include logistics for "extras", such as reserving picnic shelters, tables or chairs, or parking passes for the partner organization.

When a partner organization invites Outdoors for All as part of a larger organizational function, such as a Team Building or Family Day event, the partner organization creates and plans the event, including logistics for a specific venue (e.g. reservations, site-specific waivers, picnic shelters or tables, parking permits, park or building permits or licenses).

As a recreation vendor, Outdoors for All does not arrange catering or lodging for partner events, unless specifically agreed upon in advance. Such details and additional fees will be detailed in the Memorandum of Understanding (MOU).

## Helpful Hints

- Program Scope: Because our funding obligations target the disability community, Outdoors for All programs serve and prioritize individuals with disabilities. Whereas we accept friends and families as caregiver support, all event activities must serve and prioritize people with disabilities. We cannot hold events for individuals without disabilities.
- Planning: A signed MOU secures and staffs your event date. A partner may request a "Hold" on a date with the understanding that the "Hold" may be canceled at any time, and often at short or no notice.
- Liability Forms: To participate at any event, each attendee must have a signed liability form. Participants under the age of 18 must have a legal guardian sign the form.
- Safety Equipment: Safety is #1. The sports Outdoors for All offers often require individuals to wear specific safety equipment (e.g., helmets, personal floatation devices, harness, etc.). Each attendee must be capable of appropriately wearing the specified safety equipment.
- Eligibility: Safety is #1. Each program offered by Outdoors for All has Essential Eligibility Criteria (EEC). The complete list can be found on <u>our website</u>. If attendees are unable to meet the EEC, they will be asked to leave the program area or sit out from participation.
- Program Changes: After your Memorandum of Understanding has been signed, changes to the schedule or event offerings will be considered on a case-by-case basis.
- > **Cancellation**: The MOU outlines Outdoors for All's cancellation policies.

## **Requesting a Program and Financial Assistance**

When you're ready to submit a program request, please complete our <u>OFA Intake</u> <u>Form</u> for each program date. We are happy to help identify the event specifics and can discuss ways to tailor activities to your group's needs.

Outdoors for All recognizes that many organizations struggle to find funding for adventurous outdoor experiences. The good news is we have, and are grateful to share, financial assistance specifically targeting the disability community. Together with a partner organization, we can explore ways to fund an event. Please include specific details about your organization's financial needs when completing the <u>OFA Intake Form</u>. Funding is limited and shared across multiple organizations, so we ask all partners to contribute to the cost in support of our mission to serve more individuals living with a disability throughout the year.

We look forward to connecting!

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