COVID-19 Winter Operations Plan

This document outlines Outdoors for All’s operational plan for preventing the transmission of the novel coronavirus (COVID-19) within Outdoors for All’s winter training and programs. This material is comprised of information provided by public health measures from the Centers for Disease Control, the Washington State Department of Health, and King County Public Health. And is applicable to all Outdoors for All programs and activities, and participants, staff and volunteers.

Outdoors for All operates at two winter snow sports resorts: The Summit at Snoqualmie and Stevens Pass. Pending the location of operations, Outdoors for All will incorporate each resort partners’ policies into our operations. Should operations be considered at other locations for the 2021 winter season, Outdoors for All will consult the published COVID-19 operations plans of those locations before committing to operating in those areas.

Resort Partners-COVID-19 Operations Plan:
- Summit at Snoqualmie: https://summitatsnoqualmie.com/summit-source/what-to-expect-winter-during-covid-19

Health Monitoring and Resources:

- Centers for Disease Control
- Washington State Dept. of Health
  State Resources: https://www.doh.wa.gov/Emergencies/COVID19
- Safe Start Washington
  King County Phase 2: https://kingcounty.gov/elected/executive/constantine/covid-response/safe-start.aspx
  King County Resources: https://kingcounty.gov/depts/health/covid-19.aspx

Program Entry:

- Updated Essential Eligibility Criteria (EEC)
  All participants, volunteers, and staff must be capable of meeting updated Essential Eligibility Criteria (minimum entry standards). EEC document found on our website in multiple locations, emailed to participants, and referenced in video announcements sent to volunteers and participants.
  These EEC are applicable throughout the entire winter season and activity period. Should an individual have difficulty meeting or maintaining these standards, Outdoors for All reserves the right to remove the individual from the activity or limit their participation.
  Within programming, should issues with meeting the EEC arise, volunteers and participants should report the challenge to the Outdoors for All staff member supervising the activity.
**Daily Health Intake Form**

All participants, volunteers, staff, and others in the program party will be asked to complete a daily attestation form before joining any Outdoors for All activity. If an individual reports a “yes” response to any of these known COVID-19 symptoms, Outdoors for All will remove the individual from the program until the individual is COVID-19 symptom free for 10 days.

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Phone</th>
<th>Location</th>
<th>Close Contact w/ person diagnosed w/ COVID-19</th>
<th>Fever (&gt;100.4°F) or Chills</th>
<th>Headache</th>
<th>Cough or Sore Throat</th>
<th>GI Symptoms</th>
<th>Respiratory Symptoms or Shortness of Breath</th>
<th>Loss of Taste or Smell</th>
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**Calling Out**

If any individual associated with an Outdoors for All’s program is not feeling well, the individual will be asked to stay home and not attend the Outdoors for All activity. Staff members are to notify their supervisor if they are not feeling well. On the day of the program activity, participants and volunteers are asked to call the Outdoors for All hotline (206-838-4995) should they need to miss the program for not feeling well, or contact the Outdoors for All staff who leads the activity via the phone or email. If known prior to the day of the program that the volunteer or participant is not feeling well, the individual is asked to contact the Outdoors for All staff lead via email that the individual will be missing the upcoming activity day.

**Positive COVID-19 Test & Contact Tracing**

If an individual involved with Outdoors for All programs tests positive for the novel coronavirus (COVID-19) within 14 days of participating in an activity, Outdoors for All respectfully asks that the individual notify the Outdoors for All Program Director or their program staff lead. We will use the daily intake form and lesson matching (volunteer instructor and participant pairing) for contact tracing, and to notify overlapping individuals of a possible exposure. Pending the number of individuals involved, Outdoors for All will report the possible exposure to the Washington State Dept. of Health and applicable resort partner. Outdoors for All’s Privacy Policies will be upheld in this reporting process. i.e. no personal information (name) will be shared with other Outdoors for All volunteers or participants.

**Personal Protective Equipment:**

- **Face Coverings**

  Every individual participating in Outdoors for All activities must be capable of wearing a mask covering one’s mouth and nose throughout the entire activity period. At a minimum, masks should be two layers of cloth, should not have a vent, and should fit well enough to not need continual adjustment. Here are considerations on proper mask selection, wearing, and washing from the CDC: [https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html).

  Outdoors for All will provide disposable surgical masks to individuals that arrive to activities without an appropriate mask.

  **Resort Partners: Mask Policy**
  - Summit at Snoqualmie: Face coverings are required for everyone at the resort, in all areas of the resort. The only areas masks are not required are while seated and eating at a table, or skiing/riding down the mountain.
Stevens Pass: Guests to wear face coverings in every part of our operations, which includes loading and riding in chairlifts and gondolas; when inside all buildings; and during all ski and snowboard lessons. No one will be permitted on the mountain without a face covering.

- **Goggles**
  Participants and volunteers are encouraged to wear appropriate winter snow sport goggles, not only for protection from winter elements and conditions, but also to protect against the spread of COVID-19. Outdoors for All encourages all participants and volunteers to appropriately clean one’s goggles or eye wear in between lessons. Outdoors for All will not provide goggles, or other forms of eye protection, in the event that a participant or volunteer arrives to programs without appropriate eye wear. However, Outdoors for All will have disposable face shields available. *Face shields are not an approved alternative to wearing a mask.*

- **Gloves**
  Participants and volunteers are encouraged to wear appropriate winter snow sport gloves, not only for protection from winter elements and conditions, but also to protect against the spread of COVID-19. Outdoors for All encourages all participants and volunteers to appropriately clean one’s gloves in between lessons.
  
  Should an individual need to remove one’s gloves in order to adjust equipment, etc., the individual is encouraged to clean one’s hands before putting their gloves back on (i.e. with hand sanitizer or soap and water).
  
  Outdoors for All will not provide winter gloves, in the event that a participant or volunteer arrives to programs without appropriate gloves. However, Outdoors for All will have disposable nitrile gloves available. *Nitrile gloves are not suitable to protect against winter conditions.*

**Physical Distancing:**
Every individual participating in Outdoors for All activities must be capable of maintaining 6-foot physical distancing (social distancing). This includes, but is not limited to: putting on one’s winter sports equipment (i.e. boots or gloves), transferring to one’s equipment, loading the chairlift, etc.

- **Equipment Prep and Transfers**
  Should a participant need support putting on, or taking off, one’s personal winter sports attire or transferring into one’s equipment (i.e. sit ski), participants should plan to have the support of a party member. Outdoors for All staff and volunteers are advised to not enter within 6-foot social distancing of another individual for these types of takes, especially if a party member for the participant is present.

- **Group Sizes and Program Capacities**
  Outdoors for All follows the [Washington Phased Approach](link) to reopening under the [Safe Start Washington program](link), the State managed guidance to reopening businesses and industries while the novel coronavirus continues to impact Washington State. The Phased Approach to reopening administers plans and guidance for each county to follow in the delivery of recreation programs. Outdoors for All’s winter snow sports program operates within two counties – King and Kittitas, and will follow the group size restrictions per each county.

Example: As of November 10, 2020, King County is within Phase 2 of the Washington Phased Approach to reopening. At this time, any group activity within an Outdoors for All program...
taking place within King County will have no more than 5 participants from different households and one instructor.

In the 2021 season, Outdoors for All has reduced program capacity by more than 50% for participants and volunteers. Within each program, Outdoors for All staff and lead volunteers will set lesson plans and group sizes based on the Washington Phased Approach guidance for groups. Lesson times have also been reduced as a result of limited indoor access. Additionally, Outdoors for All will not offer transportation to participants or volunteers.

- **Chairlift**

  Every individual participating in Outdoors for All activities must be capable of loading and unloading the chairlift independently. Volunteer instructors and staff will support students using adaptive ski equipment as long as appropriate personal protective equipment (i.e. facial coverings) is worn by all individuals on the lift.

  **Resort Partners: Chairlift Policy**

  o Summit at Snoqualmie: As a rule of thumb - If you arrive together, ride together! Guests riding together are not required to fill the chair and may spread their group to multiple chairs if desired. Chairs will be loaded as follows:
    - On double chairs - singles will not be paired with another single.
    - On quad chairs - singles will be paired and must be seated at opposite sides of the chair. Singles will not be added to groups of two or three on quad chairs.

  o Stevens Pass: To maintain physical distancing on our chairlifts, Stevens will only be seating related parties (guests skiing or riding together) or: two singles on opposite sides of a four-person lift; two singles or two doubles on opposite sides of a six-person lift; or two singles on opposite sides of our larger gondola cabins.

- **Indoor Access:**

  There will be limited indoor access within Outdoors for All facilities and rented indoor spaces at Stevens Pass (i.e. room within the Tye Creek Lodge).

  - **Check-In/Arrival**

    o All participants, volunteers, staff, and others in the program party will be asked to complete a daily attestation form (health intake form above) before joining any Outdoors for All activity. If an individual reports a “yes” response to any of these known COVID-19 symptoms, Outdoors for All will remove the individual from the program until the individual is COVID-19 symptom free for 14 days.

    o For downhill programs at Summit West, at the Summit at Snoqualmie, check-in will take place outside of the Outdoors for All building at the slope-side door, facing the lifts. Participants and volunteers capable of traversing around the building, across the snow, should plan to go around. Participants and volunteers needing an accessible route to the slope-side door may traverse through the building, but should not plan to hangout indoors.

    o For Nordic programs at Summit East, at the Summit at Snoqualmie, check-in will take place outside of the Outdoors for All yurt, near the Summit Learning Center.

    o Check-in for downhill at Stevens Pass will be outside of the Tye Creek Lodge, near the accessible parking area.

  - **Bag Storage and Program Preparedness**

    Outdoors for All asks all participants and volunteers to be capable of joining programs directly on snow. Participants and volunteers should plan to stage from their vehicles in order to
prepare for programs and store personal items. There will be no indoor check-in or indoor bag storage within Outdoors for All facilities or rented indoor spaces; unless an individual has need to store items of medical necessity indoors.

- **Stay Outdoors**
  Because of the limited indoor access to Outdoors for All facilities and rented indoor spaces at Stevens Pass, and the resort lodges, there will not be an area to retreat indoors to warm-up, eat snacks, or reset equipment. Outdoors for All asks that all participants and volunteers be capable of tolerating wintry conditions and program engagement for the full time period of one’s lesson.
  For participants, there is no full-day lesson option during the 2021 winter season. Volunteers will be on mountain for a full-day to support morning and afternoon lessons. As such, volunteers should make arrangements to stage from one’s vehicle for the lunch period, and follow the resorts’ guidelines for indoor dining options and indoor access.
  Participants and volunteers should organize their day in such a way that access to the resort lodges and Outdoors for All facilities is not required (i.e. don’t go inside if you don’t need to).

- **Restroom Access**
  - The Outdoors for All building at Summit West will be open for restroom use. Staff and lead volunteers will monitor the capacity of the facility to limit the number of people in the building at any given time. Additionally, the Summit at Snoqualmie restroom facilities will be open, and portable toilets will be placed across Summit West to support physical distancing measures. Everyone should wash their hands before returning to programs.
  - Within the Nordic program, Outdoors for All has rented to portable toilets to be placed at the base of the Summit Learning Center at Summit East. Outdoors for All will place combo locks on the doors, to restrict use from the general public. As there is no running water in this area, Outdoors for All will provide hand sanitizer to program attendees. Volunteers and participants are encouraged to pack their own hand sanitizer.
  - At Stevens Pass, the resort will maintain public restroom facilities for mountain guests. Face coverings are required for anyone entering indoor facilities, and guests should wash their hands before returning to ski and snowboard activities.
  - Example - For volunteer instructors: if you or your participant need to access a restroom facility mid-lesson, please consider if your participant is independent (both in age and ability) in finding the restroom, or waiting for you, outside.
    Example: Should you leave your participant outside, to protect them from going indoors unnecessarily, and potentially have them wonder off or get lost while you’re in the restroom??
    The best practice in this scenario would be to ask your staff lead or volunteer lead to provide supervision.

- **Cleaning**
  Outdoors for All will maintain an inventory of cleaning supplies within each facility and rented indoor spaces at Stevens Pass, as well as hand sanitizer. Outdoors for All uses CDC approved cleaning agents: [https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cleaning-disinfection.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cleaning-disinfection.html)
  Within all facilities and indoor spaces, staff and lead volunteers will monitor “high touch surfaces,” which will be wiped down, and disinfected, routinely.
  The restroom facilities at Summit West, within the Outdoors for All building, and the portable toilets at Summit East, will have high touch surfaces wiped down before and after each session (morning, mid-day, and afternoon); and will be monitored throughout the day.
The Summit at Snoqualmie and Stevens Pass have their own policies and routines for cleaning and wiping down high touch surfaces within their facilities.

All equipment, adaptive equipment accessories, and other tools should be disinfected before being returned to their designated storage area within Outdoors for All facilities or rented spaces at Stevens Pass.

Outdoors for All acknowledges that some surfaces (such as the foam of a helmet or tethers for a sit ski) cannot be subjected to harsh chemicals. Equipment with these types of surfaces will either be disinfected with an approved cleaning agent and/or removed from service until an appropriate amount of time has passed for the novel coronavirus (COVID-19) to no longer survive on the surface.

All individuals involved in Outdoors for All programs should wash their hands whenever the opportunity presents itself; ideally using soap and running water for at least 20 seconds. Hand sanitizer that contains at least 60% alcohol will be available at each program location. Additionally, volunteers and staff are encouraged to wash one’s hands before and after engaging their students in lessons or manipulating equipment.

Resort Partners-Indoor Access

- Summit at Snoqualmie: Resort guests should plan to base from their vehicles for bag storage, etc. There will be no outside food allowed inside of Summit at Snoqualmie facilities. The resort will reduce its guest capacity across all areas of operations and locations, thus reducing the number of individuals needing to access indoor spaces. Guest must wear a face covering while indoors.

- Stevens Pass: The resort will reduce its guest capacity across all areas of operations and locations, thus reducing the number of individuals needing to access indoor spaces. Guests are encouraged to bring water, snacks and other food with them on the mountain to ensure they stay hydrated and have the energy needed for their ski or ride day, however indoor bag storage will be limited. Only “grab and go” dining options are available. There will be no indoor dining at Stevens Pass. Guest must wear a face covering while indoors.

Equipment Rentals:

Outdoors for All rental equipment is for Outdoors for All participants only, and specifically for those who register to rent equipment. To reduce the frequency of shared equipment for stand ski, snowboard, cross country ski, or snowshoe rentals, participants in a 7-week series, paying to rent equipment from Outdoors for All will be issued gear on a first come, first served basis (or as supplies last). Participants will be responsible for transporting their equipment to/from the activity area for their weekly lessons. Normal wear and tear to equipment is acceptable. Participants are responsible for the upkeep of the equipment throughout the season, reporting damage to Outdoors for All staff, and the safe return of the equipment on the final day of lessons. Should the equipment face damage beyond normal wear and tear, or is lost/stolen, the participant is responsible for the maintenance, or replacement, of the equipment through a reputable winter equipment technician.

Participants renting adaptive ski equipment (sit skis, snow sliders, or other large pieces of adaptive equipment) for the 7-week series will leave their equipment at the activity area at the conclusion of each lesson. Outdoors for All has a select number of each type of adaptive equipment, but Outdoors for All will do its best to limit the sharing of adaptive equipment between participants and will disinfect equipment appropriately between uses.

*The Marker Binding Policy applies to any participant using stand ski equipment from Outdoors for All.*
**Sharing of Information & Operation Plan:**
This document will be published to the Outdoors for All website prior to the start of Volunteer Training in December 2020. Additionally, each volunteer and staff will complete a web-based training to review these policies and procedures during the first week of December 2020. A web-based video will be created and shared with participants, volunteers, staff, and other key stakeholders through the Outdoors for All website to reinforce this information and share the content through an additional media.

Outdoors for All’s [Essential Eligibility Criteria](#) are posted to the Outdoors for All website, the participant and volunteer registration portals, and all Outdoors for All participant’s received an email depicting the information on October 30, 2020.