



Outdoors for All Foundation
6344 NE 74th St., Suite 102
Seattle, WA 98115

Transforming lives through outdoor recreation

No one is immune to disability.

Growing up in Seattle, Morgaine was raised hiking, back packing, kayaking, and skiing. She adventured her way through college, living abroad and sailing.

At the age of 25, Morgaine McFarland's life changed forever. On a windy road, on a December day, her car hit a patch of ice bringing her head on with another car. Morgaine was in a coma for three months and almost five years later still has a long journey of recovering from her injuries.

Improvements first started with her short term memory. Morgaine goes to physical therapy four hours a day and hopes to be able to walk free of her wheel chair once again. Part of her recovery includes continuing her adventures in the outdoors with Outdoors for All.



Morgaine McFarland, Outdoors for All Participant

"I could not imagine Morgaine being in a kayak again." – Jenny McFarland, Morgaine's Mother

Morgaine and her family were introduced to Outdoors for All from a Recreation Therapist before Morgaine left the hospital.

Many individuals experience events which can alter their everyday life. Unfortunately, many individuals do not have access to therapeutic or adaptive outdoor recreation after a life changing event.



***"Freedom. Water is like - being on the water is like being free ..."* – Morgaine McFarland**

In the last three years, Morgaine has been active with Outdoors for All cross country skiing, kayaking and rock climbing.

Today, Morgaine continues to be able to be active in the outdoors thanks to volunteers and supporters, like you.

Please consider giving a gift so other individuals, like Morgaine, can share these life enriching experiences.

Your support is vital. Your gift helps to underwrite costs for Outdoors for All activities for families and individuals to participate:

- \$50 – Provides an adaptive bike fitting and assessment for one from Outdoors for All Staff
- \$100 – Provides an individual with a Season Pass to the Adaptive Cycle Center
- \$250 – Provides an individual with a six week rock climbing series
- \$450 – Provides an individual with a seven week ski series including equipment rental
- \$1000 – Provides an adaptive program for a community school, hospital, etc. for up to 100 individuals

Your contribution by December 31st will help hundreds of individuals with disabilities and their families experience the best parts of living this upcoming year.

***“Outdoors for All has let me go out and be independent ...
Thank you. Many thousands of thank yous.” – Morgaine McFarland “***

Not all families have access to the resources Outdoors for All provides to help them return to activities they once enjoyed. Outdoors for All can help skiing families ski again, and families that relished the outdoors can continue to do so, or learn something new. **Please give today to help individuals like Morgaine experience life transforming outdoor recreation.**

For our participants,



Erik Swenson
President, Board of Directors

P.S. Please visit our Outdoorsforall.org homepage to watch Morgaine’s video shared at our fall gala.



Morgaine uses a Snow Slider during a cross country program with Outdoors for All. Pictured with her mother, father and volunteer.