









ABOUT US PROGRAMS VOLUNTEER SUPPORT US

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Hi {FIRST NAME|Friend},

Tickets Still Available for our Wine & Whiskey

Tasting this Saturday!

Our one of a kind Wine & Whiskey Tasting event is this Saturday. Get your tickets and enjoy premium tastings of local wine and spirits, food, live music, games, rock-climbing, and a silent auction.

This year we welcome Apex Cellars, Canoe Ridge Vineyard,

Waterbrook Wineries, Browne Family Vineyards, Chocolate Shop Wine, Tatoosh Craft Distilleries, Westland Distilleries, and Dry Fly Distilleries.

Tickets are only \$40 now and \$50 at the door. Click here to purchase.

When: Saturday, August 16th 5:30pm - 8:30pm Where: Mountaineers in Magnuson Park **Cost:** \$40 through August 15th, \$50 at the door.

Proceeds of the event will benefit our adaptive recreation programs that enrich the lives of over 2,300 children and adults with disabilities each year.

Upcoming Events

Wine & Whiskey Tasting August 16, 2014 Mountaineers in Magnuson Park

Demo Day-Cycling & Kayaking September 4, 2014

10am-2pm Magnuson Park

Ski Ball Gala Auction October 25th, 5pm Seattle Waterfront Marriott

Spree at Alpental March 14th, 2015 Summit at Snogualmie



*You must be 21 and over to attend. Please taste responsibly. Please contact us at events@outdoorsforall.org for more information.

"I CAN DO THIS!", Jaretta's Inspiring Rock Climbing Testimonial

"Even my fingers are sore today! I had so much fun yesterday at my first rock-climbing lesson. It was one of the most physically difficult things that I have ever done AND a pivotal moment in my life!

On my second climb



attempt, I became physically exhausted and mentally frustrated. My volunteer coaches, Sarah and Kevin, were incredible and they kept encouraging me. As we took a short break from that attempt, Sarah gave me the option of doing an easier 'confidence booster' climb or a 'challenge climb'.

At first, I was going to do the "confidence booster" but decided on the "challenge climb" and I was able to push myself so hard and actually made it to the top!! It was also a moment of realization that I CAN DO THIS!! After all my injuries and illnesses, I had resigned myself to the idea that there were all these things that I was never going to be able to do again. But last night, I proved myself WRONG! Yes, I have limitations and yes, I will continue to have setbacks and rough times - but it doesn't have to stop me from doing things I want to do OR at least I can TRY!!

That climb reignited a fire in me. I am DETERMINED to take back control of my life!! Thanks so much to the Wounded Warrior Project, Outdoors For All, and my two incredible volunteer coaches Sarah and Kevin for helping me to live again!! I can't wait for next Wednesday!!"

If you would like to get involved with our rock climbing

program as a participant or volunteer please visit the program page on our website for more information.

Volunteers Needed for Banks Lake Camping Excursion

Do you want to provide an exciting camping experience for wounded warriors and their families? We are looking for volunteers to help out on our excursion



to Banks Lake August 22-24th. Activities will include water skiing, tubing, boating, cycling, hiking, kayaking, and more! We are especially in need of someone who can drive a ski boat to assist with water skiing and tubing. If you are interested in volunteering please contact Sara Ramsay at 206.838.6030x217, sararamsay@outdoorsforall.org.

Drop by our Demo Day- September 14th

Cycle and kayak with us on September 14th from 10am-2pm at our Demo Day in Magnuson Park near the 65th Street boat Iaunch. Our Demo



Days are a great opportunity to test out our adaptive equipment, try something new, have fun in the outdoors, and meet new people - plus they are free of charge! Contact us at info@outdoorsforall.org for more information. We hope to see you there!

Thank You Thursday at Reuben's Brews

Join us on September 4th from 3pm to 8pm for *Thank You Thursday* at



Reuben's Brews in Ballard. Cheer on the Seahawks and

SEATTLE, WA

enjoy craft beers for a great cause. For every pint purchased \$1 will be donated back to Outdoors for All! Check out their website for information about their taproom.

Attention Volunteers: Dont' Forget to Turn in your Matching Hours

Many companies in the area will make generous contributions to match your donations and volunteer hours. If you have volunteered with Outdoors for All this summer don't forget to turn in your hours to make your gift go further. If you have questions about matching gift programs, please contact therazylstra@outdoorsforall.org.

Save the Date - The Ski Ball Gala Auction on October 25th

Mark your calendars! The 13th Annual Ski Ball Gala Auction will be October 25th at the Seattle Waterfront Marriott Hotel. The evening will be full of



fabulous gear, vacations, one of a kind experiences, food, wine, and games!

Please click here to purchase tickets.

Do you have exciting items or experiences you would like to donate? We are always looking for more one of a kind experiences and items to feature at our event - If you have something in mind, please contact Jackie, our Events Coordinator

at jackiemolzhon@outdoorsforall.org or fill out our online procurement form here.

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Outdoors for All Foundation 6344 NE 74th St Suite 102 Seattle, Washington 98115 US



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