



A Foundation for Growth

Mission:

To enrich the quality of life for children and adults with disabilities through outdoor recreation.

History:

In 1978, a pilot program began at Snoqualmie Summit dedicated to teaching fifteen children with developmental disabilities how to downhill ski. A year later in 1979, a 501 (c) (3) nonprofit organization was incorporated: the Ski for All Foundation. Over the years, adaptive recreation programs were expanded to include off-snow activities. In 2006, the name of the foundation was changed to Outdoors for All to better reflect the year-round nature of its mission and programming. Today, Outdoors for All is a national leader and one of the largest nonprofit organizations providing year round instruction in outdoor recreation for children and adults with disabilities.

On Snow & Off Snow Programs:

- Alpine – began in 1979; Downhill Skiing
- Nordic – began in 1985; Cross Country Skiing & Snowshoeing
- Spring, Summer & Fall – Began in 1991. Activities now include: Cycling, Hiking, Camping, River Rafting, Kayaking, Rock Climbing, Excursions, Day Camps, Equipment Rentals, Demo Days and Custom Events at schools, parks and more.

Participants with Disabilities:

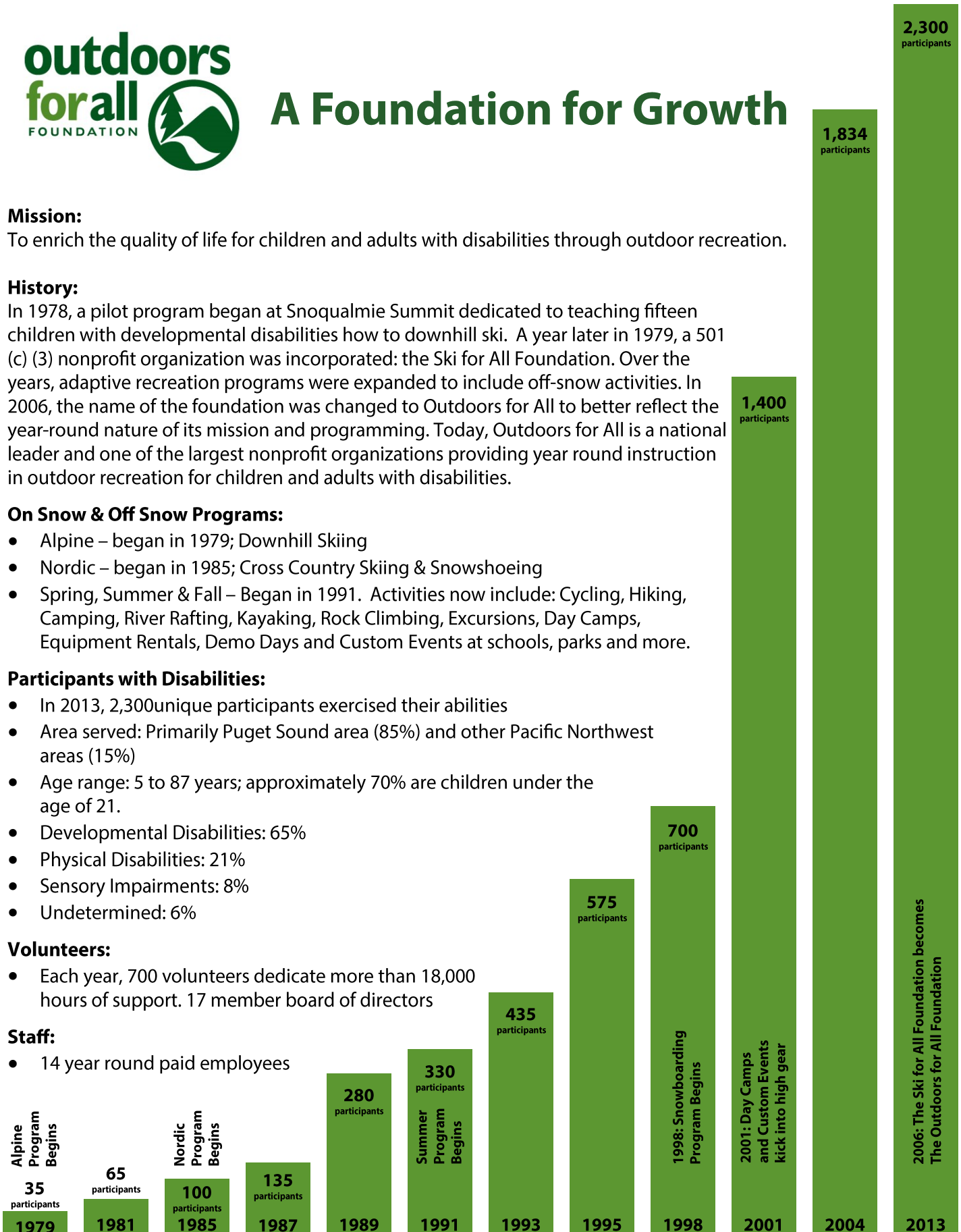
- In 2013, 2,300 unique participants exercised their abilities
- Area served: Primarily Puget Sound area (85%) and other Pacific Northwest areas (15%)
- Age range: 5 to 87 years; approximately 70% are children under the age of 21.
- Developmental Disabilities: 65%
- Physical Disabilities: 21%
- Sensory Impairments: 8%
- Undetermined: 6%

Volunteers:

- Each year, 700 volunteers dedicate more than 18,000 hours of support. 17 member board of directors

Staff:

- 14 year round paid employees





Transforming lives through outdoors recreation
MAKING A DIFFERENCE IN OUR COMMUNITY

PARTICIPANT OUTCOMES

- Over 95% of participants and volunteers said they experiences an **increase in their quality of life** due to their participation in Outdoors for All activities.
- Over 81% of participants said the skills they have gained from participating in an Outdoors for All program has **helped them improve their independence.**
- 70% of participants and their family or caregiver noted a positive **increase in the participants' fitness level, self esteem, and social network.**

OUR COMMUNITY

Participants served by Outdoors for All

- Over the part year, Outdoors for All has served over **2,300 individuals** with disabilities as well as **hundreds of family members** and **countless members of our community** through activities, training, and disability awareness programs.
- Outdoors for All serves children and adults over the age of 5. Approximately **65% of the individuals with disability we reach are children 21 and under.**
- Children and adults served by Outdoors for All have a variety of disabilities including **sensory, physical, mental and developmental** disabilities.

HOW WE DO IT?

- With the leadership of 14year round staff and 17 active board members.
- Through the support of over **700 volunteers** who have donated more than **18,000 hours to our mission.** Includes program, administrative, and event volunteers, as well as interns, committee and board members.
- **72% of funding** for our annual budget is through private donations, grants, and scholarships. Only 28% is funded through program fees.

